

Temporary Crown & Bridge Home Instructions

1. Please DO NOT eat anything sticky, chewy, or doughy.
2. Be careful of bagels and hard pretzels!
3. Please DO NOT floss around your new temporary.
4. Don't be afraid to brush your teeth. Keeping your mouth and gums clean and healthy will help with the healing.
5. If your temporary should come loose, please push it back in place and call our office as soon as possible. The temporary needs to remain on your tooth at all times. You may put a small amount of Vaseline in the temporary and place it back on the tooth until you can get in the office.
6. Do not delay your crown seating appointment! It is very important the new crown be cemented in a timely manner. If you delay your seating appointment, the new crown may no longer fit properly and there will be a charge to remake it.
7. Please rinse 2 or 3 times a day with warm salt water to aid in comfort and healing. Mix half a teaspoon of table salt to 4 oz. of warm water. Rinse with this solution twice a day for 4 to 5 days.
8. Call our office if you have any questions concerning your temporary crown or bridge.